

## Lesson 2 本文パラフレーズ

### Part 1

Hi everyone! Today I want to tell you about curry. Which country comes to mind when you hear the word “curry”? That’s right, India! Most people know that curry originally came from India. However, many people are not aware that in India, there is no dish named “curry.”

It is true that Indian cuisine has many dishes that resemble curry. For instance, many Indian dishes contain stewed meat or vegetables, flavored with a variety of spices. Nevertheless, these dishes are not called curry. Actually, it was the British who first used the word “curry” a long time ago. It was taken from the word “kari,” which means “sauce” or “soup” in the Tamil language.

### Part 2

India was a British colony in the past. You have probably been taught about it in world history lessons. Warren Hasting, who was a clerk in the East India Company, brought back rice and spices to Britain from India in 1772. He wanted to eat the curry and rice he had often enjoyed in India back home in the UK. Other British people tried this dish and enjoyed it too. After that, little by little, curry came to be eaten by other people all over the UK.

The first ready-made curry powder was made at the start of the 19th century. Before that, in order to make curry, people had to make the effort to mix the spices themselves. Thanks to the new curry powder, it became easier to make curry, and its popularity spread even more. The British started to thicken the curry soup using flour. They also adapted a traditional British recipe for stew, to make curry suit their own tastes.

### Part 3

Years later, British curry was taken across the sea to Japan. The Japanese started importing curry powder to make curry early in the Meiji period. In those days, curry was an expensive dish to make. One plate of “curry and rice” cost the equivalent of eight bowls of *soba*. In addition, curry in those days was very

different to the curry we eat now. People added strange ingredients to their curry, including long green onions and even frog meat!

Curry has been popular all over Japan since the late Meiji era. It is said that the reason it spread is that the Japanese army used curry as a food for its soldiers. Because curry could be made in large amounts, it was the ideal dish to serve to soldiers, who lived in large groups. The soldiers then took the recipe for curry home with them. That is the reason why curry first became popular in many parts of Japan.

#### Part 4

The spread of curry brought with it a number of new dishes in Japan. An example is curry *udon*, which was made by a Japanese restaurant in 1904. In 1927, “curry *pan*,” which is bread filled with curry, was first sold by a Japanese bakery. Snacks flavored with curry began to appear after that. I’m sure you have tried some of these snacks. Of all the new foods, curry roux and curry in a pouch became the most popular. Companies in Japan started to export these foods to other countries, including China, South Korea, and the United States. Even astronauts in the International Space Station (ISS) eat curry in a pouch!

Curry started in India, then it was brought to the UK and then Japan. Today, curry is enjoyed by people all over the world.

That’s the end of my speech. Thank you for listening. I think I have made you feel hungry! Let’s all go to the cafeteria and eat some curry together!